

st elizabeth hospice

Volunteer role:	Zest Group Assistant
Location:	St Elizabeth Hospice
Staff member link:	Zest Activity Coordinator

Role summary:

This role will provide support and companionship to young adult patients accessing hospice services and provide assistance to the team supporting at all or some of the Zest Group's activities. This will include helping to facilitate peer support and engagement in the activities and provide a young person's perspective on our service developments, sharing ideas and feedback.

What you will be doing:

Key activities include but are not limited to the following:

- To provide sensitive support to patients taking account of age and abilities.
- To facilitate engagement in activities through using an enabling approach
- To support those with communication impairments
- To befriend and offer continuity throughout hospice services where appropriate
- To provide appropriate and timely feedback to staff about patients, attending the debriefing at the end of group sessions and to feedback about events.
- To work with patients in a respectful manner maintaining dignity at all times
- To liaise with young adult care team about availability to offer time to support events
- To communicate and involve family members to understand needs of patients
- To contribute to the setting up and packing away of activities and /or events and meal times
- To offer refreshments to young people (after checking handover sheet re needs), family members and visitors

What we ask of our volunteers:

- To uphold our hospice values:
 - One team, one community
 - Learning never ends
 - Compassion takes courage
 - Every moment matters
- Take part in training so you feel confident and supported in your role
- Respect confidentiality for patients, staff and fellow volunteers at all times
- Be friendly and team focused so everyone feels welcome and supported
- Stay committed and reliable to help the team run smoothly
- DBS checks for some roles to ensure safety and suitability

The benefits to you:

- Be part of a forward-thinking charity and make a real impact
- Feel proud of making a difference in your community
- Give back locally and support people who need it most
- Build new skills and grow your confidence.
- Meet new people and join a supportive team
- Training provided so you feel comfortable and ready for your role

Your skills and attributes:

- You will be a warm and caring person with a sense of humour and a willingness to have fun.
- You will have experience or be willing to gain experience of working with those with disabilities and communication impairments
- A knowledge of gaming and consoles would be great and a willingness to organise and join in with activities and events.
- You will be confident in speaking to people of all ages and work well in a team.