

st elizabeth hospice

Job title:	Zest Care Assistant
Reports to:	Zest Service Lead
Department:	Zest
Based at:	St Elizabeth Hospice

Job summary:

To provide holistic, person-centred care and support to young adults living with progressive illness and complex health care needs palliative care needs and their families accessing Zest care at St Elizabeth Hospice. To deliver individualised care, under the supervision of the Zest Lead Care Assistant and/or Registered Nurse on duty at the hospice. This may include supporting outings into the community. To support young adults using person-centred care to achieve their goals and plan activities. To be able to understand and recognise individual developmental needs, where appropriate encouraging and enabling independence and self-management skills.

Safeguarding responsibilities:

- To demonstrate a commitment to keeping adults and young people safe
- To report any disclosure made to you to the appropriate person
- To report any safeguarding concerns in the workplace to the appropriate person
- To maintain an awareness of the hospice's policies in relation to safeguarding

Key responsibilities:

- Deliver person-centred planned care to designated young people using a range of delegated care tasks which could include medicines management in line with hospice policies and procedures, suctioning, gastrostomy care and the use of technology or specific techniques for example chest physiotherapy, in accordance with individual care plans.
- Observe changes in the young person's condition and promptly seek advice and report back to a registered nurse or appropriate professional
- To assist in physical care involving all hygiene, elimination, eating and drinking, mobilisation, rest, sleep and comfort needs.
- To assist in meeting the young adult and his/her family's spiritual and psychological needs, recognising and respecting religious and cultural beliefs.
- To enable access to inclusive activities and facilitate engagement, enabling choice.
- To confidently use the equipment or aids necessary for the care of the young adults, following assessment and training and to report any faults promptly to the appropriate person.
- To follow community emergency care plans in the event of a sudden change or deterioration.
- Ensure care plans are kept up to date, delivery of care is accurately recorded and records are maintained in accordance with Hospice policies and procedures
- Work effectively with other members of the multiprofessional team so that care is coordinated.
- To promote and role model person centred care, including ensuring all young adults have a one-page profile.
- To participate as a team member in other activities which complete the care cycle, i.e laundry, meals, collecting equipment, ad hoc light domestic duties and outings
- Ensure adherence with relevant Infection Prevention and Control Policies and procedures, raising any risks to the IPC group/service lead
- Report any incidents in accordance with the incident management policy

- Have an understanding of safeguarding principles and be able to apply these within everyday practice and intervention/within your role.

Responsibilities for all staff:

- Act as a positive ambassador for St Elizabeth Hospice
- Where the postholder is a member of a professional body, comply to the professional standards set by that body. Ensure registration is current and practice continuous professional development.
- Because of the special nature of the hospice and its work, the postholder may on occasion be asked to undertake other duties to help maintain our high standards of care and engagement.

This job description is not necessarily exhaustive and may be subject to review by the line manager in conjunction with the postholder.

Person specification:

Requirement	Essential	Desirable
Qualifications & training	Good standard of education in numeracy and literacy. NVQ level II or III in direct care, Care Certificate or willing to be complete.	Moving and handling training. Evidence of Care competency training with transferable skills.
Knowledge & experience	Have an understanding of safeguarding principles and be able to apply these within everyday practice and intervention/within your role.	Minimum of one year of experience working as a carer/care assistant. Community/palliative care/learning disabilities/inpatient setting experience. Experience of working with young adults. Ability to plan, deliver and evaluation appropriate care package. Ability to assess patient needs. Demonstrable experience of team working. Ability to manage volunteers. Experience of working using a person-centred approach. Experience of using a co-production approach.
Specific skills	Effective communicator – ability to establish and maintain communication with patients, their families and colleagues.	Ability to plan and deliver inclusive activities. Full driving license

	IT literate – ability to use Microsoft packages and Outlook or willingness to undertake training	
Personal qualities	None	None