

st elizabeth hospice

Volunteer role:	Therapy Team Rehabilitation Assistant (Physiotherapy)
Location:	St Elizabeth Hospice
Staff member link:	Physiotherapists

Role summary:

To work alongside the Physiotherapists to provide support for exercise sessions in the therapy gym. All patients will have previously been assessed and advised by hospice Physiotherapists.

What you will be doing:

Key activities include but are not limited to the following:

- You will either independently supervise patients exercising in the gym at St Elizabeth Hospice without the direct supervision at Drop-in sessions, or be under direct supervision of a physiotherapist in other classes.
- To assist the Therapist, in assessing need and delivering care
- To assist patients with moving and handling during functional activities. This at times may involve using appropriate moving and handling equipment. Supervision or instruction alongside or by the therapist will be provided
- To participate in facilitation of an exercise group. Please be aware these activities will be completed unsupervised following relevant and required training using a therapeutic plan devised by a qualified therapist
- When appropriate to patient care, to assist with follow up phone calls, letters, telephone calls, data entry and general administrative duties. Documenting patient activity.
- To assist in the assessment and referral administration processes for patients being discharged from the hospice
- To report any patient concerns to staff without delay
- To recognise and respect religious and cultural beliefs
- To respect the patients' needs for social interactions, solitude or recreation

What we ask of our volunteers:

- To uphold our hospice values:
 - One team, one community
 - Learning never ends
 - Compassion takes courage
 - Every moment matters
- Take part in training so you feel confident and supported in your role
- Respect confidentiality for patients, staff and fellow volunteers at all times
- Be friendly and team focused so everyone feels welcome and supported
- Stay committed and reliable to help the team run smoothly
- DBS checks for some roles to ensure safety and suitability

The benefits to you:

- Be part of a forward-thinking charity and make a real impact
- Feel proud of making a difference in your community
- Give back locally and support people who need it most
- Build new skills and grow your confidence.
- Meet new people and join a supportive team

- Training provided so you feel comfortable and ready for your role

Your skills and attributes:

- You will be a caring and empathetic person and have experience of supporting people with a disability.
- Your knowledge will include moving and handling, risk assessment and infection control.
- You will have basic computer skills and be able to work with the team in supporting patients.