

# Referrals to 565 Service



Whatever your role is, you can only offer so much support to a child. When, after a period of time, a child is finding it hard to adjust to bereavement: if they are feeling sad or angry all the time, having trouble with sleeping or eating, or struggling with school and friends, it may be time to get them further support.

565 Service accepts referrals for young people aged 5 – 18 who have experienced the loss of a loved one who was under the medical care of St Elizabeth Hospice. The support we offer is a mix of one-to-one sessions, group work and advice giving. We offer a confidential space for young people to make sense of their loss and encourage the development of their own ways of expressing emotions.

We also offer guidance and support for parents in how to best support the children in their care to cope with the death of loved one. This may be in a telephone conversation, a family meeting to talk about the 'big' issues or directing parents to other appropriate support services.

We encourage family members to call us if they have worries or concerns regarding their children. To make a referral to 565 Service, please use the contact details found on the reverse of this leaflet.

# How much **does it cost?**

All emotional and spiritual wellbeing services at St Elizabeth Hospice are free. St Elizabeth Hospice is a registered charity and relies on gifts and donations to carry out its work. Because of people's generosity we are able to offer bereavement support free of charge to the relatives and friends of hospice patients.

## **Tell us** what you think

Hearing about your experience of St Elizabeth Hospice can help us to improve our services and provide better care and support for those who need it.

To make a comment or complaint, or to compliment us on something we've done well, please write to us or visit [stelizabethhospice.org.uk](http://stelizabethhospice.org.uk)

## Contact **us**

**0300 303 5196**

[emotionalwellbeing@stelizabethhospice.org.uk](mailto:emotionalwellbeing@stelizabethhospice.org.uk)

[stelizabethhospice.org.uk](http://stelizabethhospice.org.uk)

**565 Service, St Elizabeth Hospice**

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Hospice**