

10k route



10KM Route

- Join Murrills Road through Trinity Park exit gate
- When you reach Sainsbury's follow the path to cross over the mini roundabout, across the entrance and bear right to join Felixstowe Road
- Once you have joined Felixstowe Road, follow it all the way to St Augustine's Church where you will bear right to cross over Bucklesham Road to walk up Bixley Road
- Once on Bixley Road turn right onto Ashdown Way
- Take the third right onto Arundel Way
- At the end of Arundel Way turn right onto Foxhall Road
- Use the crossing outside of the Golf Hotel to cross over and turn left up Bixley Drive
- Turn left onto Chatsworth Drive
- At the end of Chatsworth Drive turn right onto Claverton Way
- Continue on Claverton Way, this road will become Sunningdale Avenue
- At the end of Sunningdale Avenue turn left onto Gleneagles Drive
- At the end of Gleneagles Drive turn right onto Heath Road
- Cross over Heath Road at the dropped curb in order to turn left down Heath Lane – please note that there is a traffic light crossing a little further up Heath Road by the Hospital if you would like to cross there instead
- Continue down the right hand side of Heath Lane
- Turn right into the hospice through the pedestrian entrance and follow round onto Pearson's Road where you will then need to turn right towards the memory tree
- **Hospice stop**
 - Exit the hospice via the main entrance/exit and turn left onto Foxhall Road
 - When you reach the roundabout cross the road by Cycle Revolution to turn right down Bixley Road
 - Continue down Bixley Road (right hand side)
 - Use the traffic lights at the bottom of Bixley Road to cross the road to the left hand side of the road and continue down to the roundabouts
 - At the roundabout cross over Bucklesham Road and then turn left down Felixstowe Road
 - Follow Felixstowe Road to the Sainsbury's roundabout
 - At the roundabout bear left to stay on the footpath, cross over the entrance to Sainsbury's and then join Murrills Road
 - Continue along Murrills Road back to Trinity Park where you will re-enter the venue via the entrance/exit gate on Murrills Road
 - Once in the venue walk up Livestock Avenue to reach the Cattle Shed where you can collect your well-deserved medal

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