

# Inpatient care



## Inpatient care

when you need it most

**If you need pain or symptom relief, respite, a specific treatment that we can provide or end of life care, our inpatient care is here for you.**

Our specialist palliative care beds aim to provide a bed for a short period that's also long enough to give you the right care and support for your situation. We'll control or relieve your pain and other distressing symptoms and make you feel as comfortable as we can.

## How can you benefit from our services?

Our highly skilled doctors and nurses are on hand to give you the best possible care. We also have the benefit of the therapy team, as well as the emotional support team to improve all aspects of your illness.

We'll work closely with you and your family, informing you about the options available and listening to your wishes and preferences. You can access a range of treatments and therapies and get pain-relief when you need it, with the aim of making you feel stronger.

## What's on offer?

Once you've been admitted we'll assess your physical, psychological and emotional wellbeing.

We'll then create a care plan that's tailored to your needs and agree it with you. Together, we'll continue to review the plan to make sure you're getting the most effective support possible.



During your stay with us, your care plan may involve:

- dietary advice
- emotional wellbeing
- medical support
- nursing care
- occupational therapy
- physiotherapy



We'll also let you know about the community services available. This allows you to make an informed choice about whether to return home after your stay or go to other accommodation.

## Who's involved in **providing** the **services**?

When you're an inpatient, you'll see the nurses, doctors, therapists, counsellors and other healthcare professionals who are needed to put your care plan into action.

It's likely that you'll get help from quite a few volunteers too.

## What facilities are **available**?

We'll do whatever we can to make your stay with us as comfortable and enjoyable as possible. This covers everything from finding the most appropriate bed and mattress for your condition, through to providing kitchen and dining facilities and round-the-clock visiting hours.

## What should you **bring**?

### Toiletries

We know that many people prefer using their own toiletries. We provide towels.

### Clothes and shoes

Feel free to wear your normal things when you can.

### Books and magazines

Have them on hand for when you're not sleeping or seeing people.

To keep things flexible and make visiting easier for your family – including children, friends and carers - we're open throughout the day and night.

## What's the **cost of these services**?

We provide our services free of charge, so there's no cost to you, your family and carers.

As an independent charity, we're not part of the NHS – although it does provide around **25 per cent** of our funding. We generate the remaining **75 per cent** of our income through **fundraising and donations from the local community**.



# Tell us what you think

Hearing about your experience of St Elizabeth Hospice can help us to improve our services and provide better care and support for those who need it.

To make a comment or complaint, or to compliment us on something we've done well, please write to us or visit [stelizabethhospice.org.uk](http://stelizabethhospice.org.uk)

## Contact us

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