

Be a Star

HELP YOUR HOSPICE
THIS CHRISTMAS TIME



Christmas is full of little traditions that make you realise how special life can be. This year, give local families one more Christmas to treasure...

During this festive season, the St Elizabeth Hospice team will care for local patients and their families who are living with a terminal or progressive illness. Sadly for many of our patients, this year could be their last Christmas.

We know just how special Christmas can be, and we want to ensure everyone we care for can spend time with their loved ones and create special Christmas memories to last a lifetime. But to do this, we need your help to fund our vital care services.

There are lots of ways that you can get involved. However, you choose to get involved your support will make a real difference to the lives of local people this Christmas.

Volunteer for us	This Christmas why not be a star and help us by volunteering.
Woolly Pully Week	9th-15th December Pull on your favourite Christmas Jumper and sign up your school, workplace or group to have a day of woolly festive fun. You can sign up online at stelizabethhospice.org.uk/woolly
Shop with us	We have a range of fabulously festive Christmas cards and merchandise on sale in our charity shops, at the Hospice and in our online shop stelizabethhospice.org.uk/shop
Christmas Day Dip	25th December, Felixstowe Are you brave enough to take the plunge? Join us for a bracing dip in the North Sea and kick start your Christmas. You can sign up online at stelizabethhospice.org.uk/dip
Christmas remembrance service	15th December, St Mary Le Tower Church, Ipswich Join us at 4pm or join us at Sailmakers Tavern Street at 3.45pm to join our lantern procession led by donkeys that will lead us to the church in time for the service.

stelizabethhospice.org.uk/careatchristmas



Shop



Volunteer



Donate



Fundraise

Host your own festive fundraiser

Organising your own festive fundraiser can be a great way to get together with your friends and family at Christmas whilst supporting the hospice. The only boundaries to your fundraising are your imagination, but here are a few fun festive ideas to get you started.

Sing and be merry

Gather your friends and family and hold a Christmas carol or karaoke concert at home or in your community.

Tinsel & bauble challenge

Get sponsored to see how many garlands of tinsel or baubles you can wrap yourself with in 60 seconds.

Christmas quiz

Host a festive quiz and battle it out to become crowned Christmas Champion.

Wrap it up

Run a present wrapping service in return for donations to the hospice.

Christmas bake sale

Bake and sell your best Christmas cookies and ginger bread houses.

You can download our fundraising pack and resources at stelizabethhospice.org.uk/careatchristmas

Whatever you choose to do you will be a star in supporting the hospice!

Don't forget to share your fundraising pictures and videos with us using **#careatchristmas**



Get in touch this Christmas on:

01473 723600 | [stelizabethhospice.org.uk /careatchristmas](https://stelizabethhospice.org.uk/careatchristmas) | fundraising@stelizabethhospice.org.uk