# St Elizabeth Hospice Volunteer Role Description



Role: Therapy Team Rehabilitation Assistant (Physiotherapy) Location: St Elizabeth Hospice Staff Member Link: Physiotherapists

# Purpose of Role and Service

To work alongside the Physiotherapists to provide a drop in exercise session in the therapy gym.

### **Key Activities**

- To independently supervise patients exercising in the gym at St Elizabeth Hospice without the direct supervision of the Physiotherapists. All patients will have previously been assessed and advised by Physiotherapists
- To assist the Therapist, in assessing need and delivering care
- To assist patients with moving and handing during functional activities. This at times may involve using appropriate moving and handling equipment. Supervision or instruction alongside or by the therapist will be provided
- To participate in facilitation of an exercise group. Please be aware these activities will be completed unsupervised following relevant and required training using a therapeutic plan devised by a qualified therapist
- When appropriate to patient care, to assist with follow up phone calls, letters, telephone calls, data entry and general administrative duties. Documenting patient activity
- To assist in the assessment and referral administration processes for patients being discharged from the hospice
- To report any patient concerns to staff without delay
- To recognise and respect religious and cultural beliefs
- To respect the patients' needs for social interactions, solitude or recreation

#### **Organisational Responsibilities**

- To work within the policies of the hospice and act within Care Standards at all times
- To uphold the hospice and individual team values at all times
- To ensure effective use of resources
- To participate in the hospice education programme and attend training courses as required
- To respect at all times the confidentiality of information covering patients, staff and volunteers
- To play an active part in the development and maintenance of good relationships with all who have business with the hospice
- To promote the hospice Philosophy of Care towards patients, relatives and visitors
- Generally to contribute towards ensuring a safe environment for all persons on the premises
- Because of the special nature of the hospice and its work you may on occasion be asked to undertake other duties to help maintain our high standard of care

Volunteers are required to respond positively to all reasonable instructions given by Link Members or other members of hospice staff. While volunteer suggestions and opinions are always welcomed, the responsibility for operational and strategic decisions lies with the hospice management.

# **Personal Qualities**

Attributes	Essential/Desirable	Qualification and training to be provided
Skills and Abilities	D - To have had previous patient contact	
Knowledge and Experience	<ul> <li>D – Basic computer</li> <li>knowledge and experience</li> <li>E - Basic knowledge of</li> <li>medical conditions</li> <li>D – Moving and handling</li> <li>experience with patients</li> <li>D - Infection control</li> <li>D - Risk Assessment</li> <li>knowledge</li> <li>D – experience of supporting</li> <li>people with disability with</li> <li>exercise</li> </ul>	
Attitudes and Values	E - Empathetic E - Good Interpersonal Skills E - Good Team Worker	
Qualifications and Training	E - Two professional references from previous employment	ELfH Modules - Roles and Responsibilities, Communications, Conflict Resolution, Health, Safety and Infection Prevention and Control, Data Security Awareness (GDPR), Moving and Assisting, Fire Safety, Equality, Diversity & Human Rights, Safeguarding Adults, Roles and Responsibilities. Bluestream – Moving and Handling theory Hospice - moving and handling practical Other - Wheelchair Awareness, SystmOne Training

 $\ensuremath{\text{DBS}}$  – Due to regular contact with patients and / or confidential information this role requires a DBS check