

# be vocal

– what's your view?

Hearing about your experience of St Elizabeth Hospice can help us to improve our services and provide better care and support for those who need it.

To make a comment or complaint, or to compliment us on something we've done well, please write to us or visit [www.stelizabethhospice.org.uk](http://www.stelizabethhospice.org.uk)

# be connected

– how to get in touch

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[stelizabethhospice.org.uk](http://stelizabethhospice.org.uk)

- St Elizabeth Hospice  
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- All Hallows Hospital  
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Community  
Hospice



## Short Break Unit For young adults

be supported



## Using the short break unit

St Elizabeth Hospice provides space and facilities for young adults to use for short breaks, Friday – Sunday.

The hospice will provide the building and facilities, but patients must bring their own carers to meet their needs during their stay.

Patients and their carers are responsible for ensuring all care needs, medication and support is arranged as there will be no access to the hospice clinical team over the weekend, unless there is an emergency. All community arrangements currently in place will remain the same during the short break stay.

### What facilities are available?

- Laundry and towels
- Self-catering kitchen facilities or the ability to purchase food from kitchen
- Access to adapted bathroom-level access shower and assisted bath
- Access to the sensory room
- Access to the gym and atrium
- Standard equipment provision, e.g. adjustable bed, hoist, commode
- Access to telephones
- Sleeping space for carers
- Wifi, Bluetooth, TV, DVDs, PlayStation, games etc

### What do I need to do before my stay?

Prior to your short break stay, a member of the hospice team will complete a short break assessment with you.

On arrival, a member of the hospice clinical team and facilities team will give you an induction and welcome to the short break unit.

### Please make the following arrangements before your short break:

- All care or nursing needs must be met by own carers
- Bring a supply of your own medications, including emergency medication
- Provide a copy of your community emergency care plan, and follow this during short break stay
- Bring in any equipment that the hospice is unable to provide
- If using own hoist slings, please attend a pre-admission assessment to ensure compatibility and safety with hospice hoists
- Please provide your own clinical supplies
- Bring your own food/drink or purchase catering provision from the hospice
- Alert the hospice team to any risks or concerns as soon as possible
- If the carers in attendance become unwell or unable to continue their shift, alternative arrangements will be the sole responsibility of the patient/carer
- The patients carers/family will remain available and contactable in case of an unforeseen circumstance or emergency during the short break
- Please leave the hospice facilities as they are found and report any damage, equipment malfunctions or concerns as soon as possible.