

CLIMB

REGISTRATION
PACK

KILIMANJARO

17-27 March & 15-25 September 2011

Ultimate challenge

Highest mountain in Africa

Sunrise at the summit



FUNDRAISING PLANNER

Creativity, planning and having fun are the secrets to fundraising success. Start by thinking who you know, what you enjoy doing and who can help you. Break down the amount into smaller chunks and start to make a plan. Below is an example to give you some ideas and once you're signed up we'll send you lots more tips and advice.

TARGET ACHIEVED!

£3400



Local school holds a non-uniform day and charges £1 each to support you.	£500
Six friends, family or colleagues raise £100 each on your behalf.	£600
Raffle of prizes from local businesses.	£300
Quiz night at your local pub.	£400
Sponsored training bike ride/walk.	£250
Organise an event of your choice, with a group of friends.	£500
Christmas party - £10 a ticket	£200
Use collecting tins and ask your local busy pubs if you and friends can collect on Saturday nights.	£250
Sponsorship from friends and family.	£300
Bake cakes (or get a friend to bake them) and sell them at work for a suggested donation.	£100

ITINERARY

Climbing Kilimanjaro is a challenge to say the least and is one of the mountains almost every trekker and mountaineer in the world wants to conquer.

Kilimanjaro is more or less 24 miles wide and 49 miles

long; it is more ecosystem than mountain. It dwarfs other regional landmarks like Mt. Meru and Mt. Kenya and dominates the savannah of East Africa. We take 7 days to reach the summit and descend, staying in huts along the way.

Day 1

We board the overnight flight from London Heathrow tonight to Kilimanjaro.

Day 2

Arrive in Nairobi in the morning and change planes for the onward flight to Kilimanjaro.

We land in Tanzania and transfer to the hotel in the village of Marangu, 2km from the park entrance at Marangu Park Gate. This afternoon we have free time to relax and prepare for the challenge ahead.



Day 3 - Transfer to Marangu Gate

(approx 10 minutes)

Trek Marangu Gate-Mandara Huts

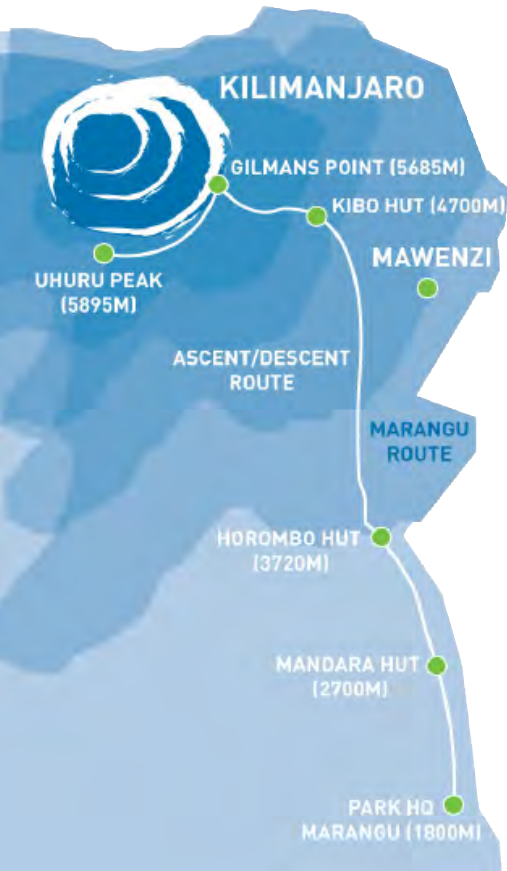
Breakfast and briefing by the guides, tour manager and doctor on the challenge ahead and health and safety. Pack for the ascent and weigh the kit. Transfer approx 10-15 minutes to the Park entrance at Marangu Gate and after completing the necessary formalities we start the ascent. The trail weaves through dense forest filled with the noises of chattering of Colobus monkeys. We are surrounded by an incredible variety of towering trees, giant ferns and wild forest flowers – perhaps even the odd orchid. We picnic on the way. There will be a short trek to the Maundi crater from the hut, time permitting.

4½ hours approx.

Day 4 - Mandara Hut-Horombo Hut

An early start for the longer trek along an uphill trail to the Horombo Hut. The landscape takes on a more rugged and rocky terrain, in the distance we will see the magnificent peaks of Mawenzi and Kibo. We pass through the cloud level!

7-8 hours approx.



Day 5 - Acclimatisation trek

Today is an acclimatisation trek of approximately 5 hours. At about 8.30am we head off on the upper Kibo trail which takes us through streams and rocky mountain vegetation to “Zebra Rock” at 4,000m. We continue to an observation point at 4200m for some spectacular views of Kibo Hut, the twin peaks and the trail to the summit. We return to Horombo Hut for a hot lunch and time to relax.

5 hours approx.

Day 6 - Horombo Hut - Kibo Hut

We collect our picnic lunches and follow the lower route to Kibo Hut through spectacular mountain flora and fauna – giant cacti, lobelia and other mountain flowers line our route. After trekking for 4 hours we stop for our picnic at the Kibo Saddle and although we can see the Kibo Hut it is another 2–3 hours trek in the afternoon. This part of the trek is beyond the water point as we enter the ‘desert’ zone, it can be slow-going and cold due to the high altitude.

7- 8 hours approx.

Day 7 - Acclimatisation trek

We trek halfway to William’s point at 5000m approx to acclimatise to the high altitude and rest sufficiently for tomorrow’s ascent to the summit.

5 hours approx.

Day 8 - The Summit

After a warming cup of tea and a light snack of biscuits we set off in the small hours (just after midnight) to embark on a slow ascent up the steepest and most difficult part of the challenge to Gilman’s Point at an altitude of 5685m, perched on the crater rim where we rest to watch the sun begin to rise. Everyone qualifies to have climbed Kilimanjaro at this point and can return to Kibo Hut if they choose. There is an option to continue on from here

for a further 2 hours through snow and wind to Uhuru Peak, 5895m. It can be extremely cold, well below freezing. At the top we spend some time resting, taking photographs of the world below (clouds permitting). On a clear day you may see Mount Kenya. Descend to Kibo Hut for a warming snack. Continue the descent for a further 3 - 3 ½ hours to Horombo Hut to rest and overnight.

15-17 hours approx.

Day 9 - Horombo Hut – Marangu

We have breakfast and prepare to descend. Descent is rapid, in 3 ½ hours we reach Mandara Hut and then after another 3 hours we reach Marangu Park Gate. We stop briefly for a packed lunch on the way. Transfer to our hotel and relax for the afternoon to rebalance and rest aching limbs. Tonight we celebrate together and toast our achievement.

6-7 hours approx.

Day 10 - Marangu

Free time this morning before transferring to Kilimanjaro airport for our return flight home.

Day 11

Arrive back in London.

This is a complex itinerary and is subject to change
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FACTFILE

Raising Sponsorship Money

Register and receive a fundraising pack full of information and ideas. Once you set your mind to it, it's amazing what you can achieve! Classic Tours and your charity can help you out with lots of tips.

Who can take part?

Anyone over 18 years old is welcome as long as you are fit and healthy enough to do the challenge.

Fitness

Kilimanjaro is one of our toughest challenges and training is essential. You will need to put in plenty of training to enable you to meet the challenges. Classic Tours will provide a set of training guidelines to help you on your way. This is a challenging trek at altitude and you will be required to have your medical form signed by your doctor to take part.

Kit

You will need comfortable walking boots with ankle support and a 4 season sleeping bag. A full packing list will be sent to you.

Support on the event

Experienced staff (tour manager, guides, porters and doctor) will be there to provide help and encouragement whenever you need it.

Accommodation

The first and last nights are in a hotel and the nights on Kilimanjaro are in huts which sleep 8 – 12 people per room.

Food & Drink

The food will be wholesome, tasty and plentiful. There will be snacks and water available whilst trekking.

Weather

Temperatures vary considerably with height and time of day. On the plains the average temperature is 30°C, the higher you get the cooler it will become. At the summit it can be minus 25-30°C.

THE COSTS

Option 1 – you raise **£3400** approx sponsorship (to be set by your chosen charity)

Option 2 – you pay **£1696** and raise as much sponsorship as possible

Health

Tetanus, Hepatitis A, Polio, Typhoid, and Yellow Fever inoculations are suggested. Malaria prophylactics should be taken. Please consult your GP for professional medical advice.

Visa & Travel Insurance

A visa is required for British citizens. The cost is £38 (currently) and advice on how to apply for it will be given. If you are a non-British citizen please contact Classic Tours for advice. You must be insured to take part - either through a company of your choice or the Classic Tours recommended policy. You will need to provide proof of your insurance 8 weeks prior to the challenge.

Staying On

It is possible to stay on in Tanzania after the challenge, subject to availability. Full details will be sent out nearer the time.

What's Provided

Flights to and from Tanzania, accommodation, transfers, full medical support, experienced guides, porters, support staff, water and all meals except lunch on day 10

Other costs to budget for

We do not include airport taxes and any fuel surcharges set by the airline in the tour cost because these fluctuate and are beyond our control. We will invoice you for this cost at the point when your tour cost is due. Currently these are about £230 but are subject to change. In addition you will need to budget for personal travel insurance, any optional tours, gratuities and spending money.

Responsible Tourism

Classic Tours operates a responsible tourism policy and you can off set your carbon emissions on our website www.classictours.co.uk

Registration fee:
£350

If you have any other questions not answered here please contact Claire.

Tel: 020 7619 0066 ext 208 or claire@classictours.co.uk

THE NEXT STAGE

“ At Heathrow I was on my own among 30+ strangers and I returned with 38 new friends and an appreciation for Africa ”

Brendan Murphy, 51 - Dorset

We at Classic Tours are here to help and support you all the way through the event so please do get in touch if you have any questions not answered here.

Email: claire@classictours.co.uk

Tel: 020 7619 0066 ext 208

Web: www.classictours.co.uk

Classic Tours are the originators of worldwide charity challenges and fully bonded under ATOL number 3379. Since 1992 they have helped over 250 UK charities raise in excess of £60 million.

The next steps

1. Speak to the charity which you would like to raise funds for.
2. Complete and sign the Registration and Medical Form and return to Classic Tours along with the registration fee or sign up online at www.classictours.co.uk.
3. Classic Tours will then contact your chosen charity, confirm your place, send details of the event and set you on your way to fundraising success!

classic tours
LEADING THE WAY IN CHARITY CHALLENGES



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Classic Tours has a full programme of Open Challenge events in 2011 including:

- Trek the Inca Trail • Cycle Kenya • Cycle London to Paris
 - Trek the Great Wall of China • Trek Jordan
- NIGHTRIDER™ (100km bike ride around London at night)
 - Cycle Death Valley • Cycle 5 Countries.

For more information on any of these challenges contact Claire on claire@classictours.co.uk or call 020 7619 0066 ext 208.